

Deer Trail Assisted Living

March 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>World Day of Prayer 1</p> <p>10:45 Standing Balance Exercise 2:30 Darts in the DR Happy Birthday Helene Novotny</p> <p>Walking Club Begins</p>	<p>2</p> <p>10:45 Chair Light & Lively Exercise 2:30 Crafts - Making "Thank You for Your Service" Cards for Our Troops</p>	<p>3</p> <p>10:45 Chair Dancing Exercise 2:30 Virtual Sing Along</p>	<p>4</p> <p>10:45 Chair Light & Lively Exercise 2:30 Bingo D 5:15 "The Chosen" on TV In the Great Room</p>	<p>5</p> <p>10:45 Standing Balance Exercise 11:30 Deer Trail Luncheon for Kristen 2:30 Bus Ride if Weather Allows Or Wii Happy Birthday Gloria Tomich</p>	<p>6</p> <p>10:45 Chair Light & Lively Exercise 1:30 Movie "Loves Unending Legacy"</p>
<p>7</p> <p>9:30 Music and the Spoken Word on KSL TV 1:30 Bingo</p>	<p>8</p> <p>10:45 Standing Balance Exercise 2:30 Wii</p>	<p>9</p> <p>10:45 Chair Light & Lively Exercise 2:30 Biography of Lawrence Welk and Bubbles</p>	<p>10</p> <p>10:45 Chair Light & Lively Exercise 2:30 Ice Cream Social Followed by Resident Council</p>	<p>Lawrence Welks Birthday 11</p> <p>10:45 Chair Light & Lively Exercise 2:30 Bingo D 5:15 "The Chosen" on TV In the Great Room</p>	<p>12</p> <p>10:45 Standing Balance Exercise 2:30 Bus Ride if Weather Allows Or Wii</p>	<p>Turn your clock ahead 1 hour 13 before you go to bed tonight</p> <p>10:45 Chair Light & Lively Exercise 1:30 Movie "The Sun Is Also A Star"</p>
<p>Daylight Savings Time Begins 14</p> <p>9:30 Music and the Spoken Word on KSL TV 1:30 Bingo</p>	<p>15</p> <p>10:45 Standing Balance Exercise 2:30 Drum Fun</p>	<p>16</p> <p>10:45 Chair Light & Lively Exercise 2:30 Armchair Traveler to Ireland With Rick Steve's</p>	<p>Happy St Patrick's Day 17</p> <p>10:45 Chair Light & Lively Exercise 2:30 St. Patrick's Day Activity Wear St Patrick's Day Socks and Head Boppers</p>	<p>18</p> <p>10:45 Chair Light & Lively Exercise 2:30 Bingo D 5:15 "The Chosen" on TV In the Great Room</p>	<p>19</p> <p>10:45 Standing Balance Exercise 2:30 Bus Ride if Weather Allows Or Wii</p>	<p>First Day of Spring 20</p> <p>10:45 Chair Light & Lively Exercise 1:30 Movie "Believe in Me"</p>
<p>21</p> <p>9:30 Music and the Spoken Word on KSL TV 1:30 Bingo</p>	<p>22</p> <p>10:45 Standing Balance Exercise 2:30 Battle Bags Game</p>	<p>23</p> <p>10:45 Chair Light & Lively Exercise 2:30 Easter Cross Craft</p>	<p>24</p> <p>10:45 Chair Light & Lively Exercise 2:30 Words in a Word</p>	<p>25</p> <p>10:45 Chair Light & Lively Exercise 2:30 Bingo D 5:15 "The Chosen" on TV In the Great Room</p>	<p>26</p> <p>10:45 Standing Balance Exercise 2:30 Bus Ride if Weather Allows Or Wii</p>	<p>27</p> <p>10:45 Chair Light & Lively Exercise 1:30 Movie "The Finest Hours"</p>
<p>28</p> <p>9:30 Music and the Spoken Word on KSL TV 1:30 Bingo</p>	<p>29</p> <p>10:45 Standing Balance Exercise 2:30 Noodle Hockey D</p>	<p>30</p> <p>10:45 Chair Light & Lively Exercise 2:30 Easter Bunny Sock Craft</p>	<p>31</p> <p>10:45 Chair Light & Lively Exercise 2:30 Dry Erase Board Battleship Game</p>			