

Deer Trail Assisted Living

July 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10:45 Light & Lively Exercise 2:30 Red, White and Blue Tissue Paper Stars	2 10:00 Walk at the Park 2:30 How Independence Day Came to Be 5:45 Movie "I Do But I Don't"	3 9:15 Recorded Catholic Mass 10:45 Sittercise Exercise 2:30 Bus Ride 5:45 Movie "America"	4 Happy 4th of July 10:45 Light & Lively Exercise 4 th of July BBQ for Lunch 2:30 Squirt Guns in the Courtyard
5 9:30 Music and the Spoken Word KSL TV in the Bistro 1:30 Bingo Happy Birthday Sam Soule	6 9:30 Sing Along 10:30 Light & Lively Exercise 2:30 Dry Erase Board States & Capitols 5:45 Movie "Meeks Cutoff"	7 10:45 Seatworks Exercise 2:30 Armchair Traveler Switzerland Happy Birthday Joann Schneider	8 10:45 Light & Lively Exercise 2:30 Ice Cream Cone Social Followed by Resident Council	9 10:00 Walk at the Park 2:30 Darts in the Dining Room 5:45 Movie "The Man From Snowy River"	10 1890 Wyoming Statehood Day Wear a Wyoming Shirt 9:15 Recorded Catholic Mass 10:45 Sittercise Exercise 2:30 Bus Ride 5:45 Movie "Meeks Cutoff"	11 10:45 Light & Lively Exercise
12 9:30 Music and the Spoken Word KSL TV in the Bistro 1:30 Bingo Happy Birthday June Schumacher	13 9:30 Sing Along 10:30 Light & Lively Exercise 2:30 Corn Hole Game 5:45 Movie "Shipwrecked"	14 10:45 Seatworks Exercise 2:30 Armchair Traveler China	15 10:45 Light & Lively Exercise 2:30 Big Buck Bingo	16 10:30 Walk and Picnic at the Park 2:30 Craft Stick Bird Feeders 5:45 Movie "Mrs. Doubtfire"	17 9:15 Recorded Catholic Mass 10:45 Sittercise Exercise 2:30 Bus Ride 5:45 Movie "Apollo 13" Happy Birthday Bill Woodward	18 10:45 Light & Lively Exercise
19 9:30 Music and the Spoken Word KSL TV in the Bistro 1:30 Bingo	20 9:30 Sing Along 10:30 Light & Lively Exercise 2:30 Dry Erase Board Words in a Word 5:45 Movie "Gemini Man"	21 10:45 Seatworks Exercise 2:30 Armchair Traveler Canada	22 10:45 Light & Lively Exercise 2:30 Bingo	23 10:00 Walk at the Park 2:30 Darts in the Dining Room 5:45 Movie "Paper Planes" Happy Birthday Nelle Johnson	24 9:15 Recorded Catholic Mass 10:45 Sittercise Exercise 2:30 Bus Ride 5:45 Movie "Heavyweights"	25 10:45 Light & Lively Exercise Happy Birthday Helen Chadey
26 9:30 Music and the Spoken Word KSL TV in the Bistro 1:30 Bingo	27 9:30 Sing Along 10:30 Light & Lively Exercise 2:30 Bean Bag Poker 5:45 Movie "Chisum"	28 10:45 Seatworks Exercise 2:30 Armchair Traveler Russia	29 10:45 Light & Lively Exercise 2:30 Bingo	30 10:00 Walk at the Park 2:30 Kindness Rocks 5:45 Movie "Hidden Figures"	31 9:15 Recorded Catholic Mass 10:45 Sittercise Exercise 2:30 Bus Ride 5:45 Movie "Out to Sea"	