## **Deer Trail Assisted Living** October 2019

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |  |
|--|--|--|--|--|---|--|
|  |  | 1<br>10:30 Seatworks Exercise<br>1:15 Player Piano Music<br>2:30 Pretzel Craft and<br>Rolling Silverware for<br>Oktoberfest Dinner | Oktoberfest Dinner 2<br>5:30 Resident & Family<br>Oktoberfest Dinner<br>Followed by the EIO Band   | 10:30 Exercise<br>1:00 Walmart Shopping  | 9:30 Catholic Communion 4<br>9:30 Bus Ride<br>2:30 Sittercise Exercise<br>6:00 Cello & Piano<br>Ragtime & Classical Music<br>With the Rich Brothers | 10:30 Light & Lively Exercise<br>Happy Birthday Gerald Green                               |
| 6<br>9:30 Music & The Spoken Word<br>KSL TV in Bistro<br>10:15 Load Bus for Catholic Church<br>1:30 Bingo  | 9:30 Sing Along <b>7</b><br>10:30 Light & Lively Exercise<br>2:30 Words in Words<br>(Leaves Are Falling<br>Autumn is Calling)<br>5:45 Movie "7 days in Utopia" | 8<br>10:30 Seatworks Exercise<br>1:15 Player Piano Music<br>1:00 Music with Melodie  | 9<br>10:30 Light & Lively Exercise<br>2:30 Ice Cream Cone Social D<br>Followed by<br>Resident Council  | 10:30 Exercise<br>1:00 Walmart Shopping  | 11<br>9:30 Catholic Mass<br>9:30 Bus Ride<br>2:30 Sittercise Exercise   | 1<br>10:30 Light & Lively Exercise   |
| 13<br>9:30 Music & The Spoken Word<br>KSL TV in Bistro<br>10:15 Load Bus for Catholic Church<br>1:30 Bingo | Trona Valley Day 14<br>10:00 Set up for Potluck D<br>12:30 Make Your Point Game<br>1:30 Social in DR<br>5:45 Movie "White Fang<br>to the Rescue"               | <b>15</b><br>10:30 Seatworks Exercise<br>1:15 Player Piano Music<br>2:15 Children's Visit from CDC                                 | 16<br>10:30 Light & Lively Exercise<br>2:00 Senior Bingo D   | <b>17</b><br>10:30 Exercise<br>1:00 Walmart Shopping<br>3:15 Painting Pumpkin Rocks<br>To Hide in the Parks<br>5:45 Movie "A Few Dollars More" | Drum Circle18For Resident's & Staff9:30 Catholic Communion9:30 Bus Ride1:30 Staff & Resident Drum Circle  | 10:30 Light & Lively Exercise<br>1:30 Gospel Music by the<br>7 <sup>th</sup> Day Adventist |
| 20<br>9:30 Music & The Spoken Word<br>KSL TV in Bistro<br>10:15 Load Bus for Catholic Church<br>1:30 Bingo | <b>21</b><br>9:30 Sing Along<br>10:30 Light & Lively Exercise<br>2:30 Crafts with Linda<br>5:45 Movie "Ring the Bell"  | <b>22</b><br>10:30 Seatworks Exercise<br>1:15 Player Piano Music<br>2:30 Darts in the Dining Room                                  | 23<br>10:30 Light & Lively Exercise<br>2:15 Children's Visit from CDC<br>Halloween Ghost Craft<br>Happy Birthday Gerri Sullivan<br>Happy Birthday JoAnn Olah | 10:30 Exercise<br>1:00 Walmart Shopping  | 25<br>9:30 Catholic Communion<br>9:30 Bus Ride<br>2:30 Sittercise Exercise  | 5:00 p.m. to 6:30 p.m.<br>Deer Trail<br>Community<br>Trick or Treat                        |
| 27<br>9:30 Music & The Spoken Word<br>KSL TV in Bistro<br>10:15 Load Bus for Catholic Church<br>1:30 Bingo | 28<br>9:30 Sing Along<br>10:30 Light & Lively Exercise<br>2:30 Hangman with Names of<br>Halloween Costumes<br>5:45 Movie "The Bookshop"                        | 29<br>10:30 Seatworks Exercise<br>1:15 Player Piano Music<br>2:30 Trivia   | <b>30</b><br>10:30 Light & Lively Exercise<br>2:30 Kitchen Corner<br>Halloween Treat D   | Happy Halloween319:30 Walmart Trip10:30 Exercise2:00 Potluck Treat TableResident & All StaffFeel Free to Wear a Costume                        | Activities will take place in the<br>Game Room or Great Room<br>Unless Noted as Follows<br>D Dining Room<br>T Theatre<br>L Life Enrichment          | Calendar is Subject to Change  |

## SATURDAY