

Memory Care September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Labor Day 2	3	4	5	6	7
9:30 Music & The Spoken Word on KSL TV Reading Aloud	9:30 Sing Along 10:30 Light & Lively Exercise 12:30 Dry Erase Board Labor Day Game	9:15 Fit Express Stretching 12:30 Pop Up Darts	9:15 Trivia 12:30 Bingo	9:30 Walk at the Park 12:30 Popsicles & Reading Aloud	9:15 Music in Motion 9:30 Catholic Communion 12:45 Bus Ride	Therapeutic Coloring Card Game of Choice
8	National Assisted Living Week Happy Birthday to the Hot Dog 9	10	11	12	13	14
National Assisted Living Week 9:30 Music & The Spoken Word on KSL TV Reading Aloud <u>Wear Your School Colors Today</u>	National Assisted Living Week Happy Birthday to the Hot Dog 9:30 Sing Along 10:30 Light & Lively Exercise 11:30 Resident & Staff Potluck 12:30 Deer Trail Family Tree <u>Wear Crazy Socks Today</u>	National Assisted Living Week 9:15 Fit Express Tai Chi 12:30 Bean Bag Toss for Doughnuts <u>Wear Mismatched Clothes Today</u>	National Assisted Living Week 9:15 Trivia 1:00 Chill Out Ice Cream Truck <u>Wear Clothing the Color of Your Favorite Ice Cream Flavor</u>	National Assisted Living Week 9:30 Walk at the Park 12:30 Noodle Hockey Game With Residents & Staff 1:00 Walmart Shopping <u>Wear any Holiday Shirt Today</u>	National Assisted Living Week Milton Hershey's Birthday 9:15 Music in Motion 9:30 Catholic Communion 12:30 Chocolate Social in Honor of Milton's Birthday <u>Wear Your PJ's today</u>	National Assisted Living Week Therapeutic Coloring Card Game of Choice <u>Wear Your Favorite Team Shirt Today</u>
15	16	17	18	19	20	21
9:30 Music & The Spoken Word on KSL TV Reading Aloud	9:30 Sing Along 10:30 Light & Lively Exercise 12:30 Nerf Gun Target Shooting	9:15 Fit Express Movement 12:30 Reading Aloud	9:15 Trivia 200 Senior Bingo	9:30 Walk at the Park 12:30 Corn Hole	9:15 Music in Motion 9:30 Catholic Communion 12:45 Bus Ride	Therapeutic Coloring Card Game of Choice
22	23	24	25	26	27	28
9:30 Music & The Spoken Word on KSL TV Reading Aloud	9:30 Sing Along 10:30 Light & Lively Exercise 12:30 Volley Ball	9:15 Light & Lively Exercise 12:30 Bean Bag Poker	9:15 Trivia 12:30 Uno	9:30 Walk at the Park 12:30 Bingo	9:15 Music in Motion 9:30 Catholic Communion 12:45 Bus Ride	Therapeutic Coloring Card Game of Choice
29	National Coffee Day 30	Calendar is Subject to Change				
9:30 Music & The Spoken Word on KSL TV Reading Aloud	9:30 Sing Along 10:30 Light & Lively Exercise 12:30 Coffee Filter Craft & Coffee Affogato					