



# Deer Trail Assisted Living

# January 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please let us know if you need transportation to a Church Service so we can be sure to schedule it on the calendar.</p>		<p><b>Happy New Year</b> 1</p>	<p><b>Taking Down Christmas</b> 2</p> <p>6:00 Piano Recital with the Students of Debra Izatt</p>	<p>3</p> <p>10:00 Mall Walking 1:00 Walmart Shopping 2:30 Words in a Word (Happy New Year)</p>	<p>4</p> <p>9:30 Catholic Communion 10:30 Sittercise Exercise 12:00 January's Birthday Cake 2:30 Music &amp; Movement Dance Activity</p>	<p>5</p> <p>10:30 Light &amp; Lively Exercise</p>
<p>6</p> <p>9:30 Music &amp; The Spoken Word KSL TV in Bistro 10:15 Load Bus for Catholic Church 1:30 Bingo 6:00 LDS Sacrament Service</p>	<p><b>Let It Snow Week</b> 7</p> <p>9:30 Sing Along 10:30 Light &amp; Lively Exercise 2:30 Snowman Craft 6:00 Movie "Alaska"</p>	<p><b>Elvis Presley's Birthday</b> 8</p> <p>10:30 Seatworks Exercise 1:15 Player Piano Music 1:15 LDS Scripture Study 2:30 Elvis Activity 6:00 Elvis Movie</p>	<p>9</p> <p>10:30 Light &amp; Lively Exercise 2:30 Snowflake Funnel Cakes Followed by Resident Council</p>	<p>10</p> <p>10:30 Exercise 1:00 Walmart Shopping 1:30 Children's Visit from Child Development Center</p>	<p>11</p> <p>9:30 Catholic Mass in Theatre 10:30 Sittercise Exercise 2:30 Snowflake Hat Game &amp; Snowflake Target Game</p>	<p>12</p> <p>10:30 Light &amp; Lively Exercise 1:30 Rock Spring's Worship Center Interdenominational Music &amp; Devotion</p>
<p>13</p> <p>9:30 Music &amp; The Spoken Word KSL TV in Bistro 10:15 Load Bus for Catholic Church 1:30 Bingo 3:30 Piano Music with the Boren's 6:00 LDS Sacrament Service</p>	<p><b>Dress Up Your Pet Day</b> 14</p> <p>9:30 Sing Along 10:30 Light &amp; Lively Exercise 2:30 Crafts with Linda D 6:00 Movie "Grace is Gone"</p>	<p>15</p> <p>10:30 Seatworks Exercise 1:15 Player Piano Music 1:15 LDS Scripture Study 2:00 Nerf Gun Target Shooting</p>	<p>16</p> <p>10:30 Light &amp; Lively Exercise 2:00 Senior Bingo D</p>	<p>17</p> <p>10:00 Mall Walking 1:00 Walmart Shopping 2:30 Movie "Johnson County War" 6:00 Variety Show</p>	<p>18</p> <p>9:30 Catholic Communion 10:30 Sittercise Exercise 2:30 Casino Games</p>	<p>19</p> <p>10:30 Light &amp; Lively Exercise 1:30 Gospel Music by the 7<sup>th</sup> Day Adventist</p>
<p>20</p> <p>9:30 Music &amp; The Spoken Word KSL TV in Bistro 10:15 Load Bus for Catholic Church 1:30 Bingo 6:00 LDS Sacrament Service</p>	<p>21</p> <p>9:30 Sing Along 10:30 Light &amp; Lively Exercise 2:00 Piano Music with Marcia 6:00 Movie "Tackling the Past"</p>	<p>22</p> <p>10:30 Seatworks Exercise 1:15 Player Piano Music 1:15 LDS Scripture Study 2:00 Fishing Game 6:30 Live Christian Music by "Upper Millstone":</p>	<p><b>Beat the Winter Blue's Day</b> 23 <b>Resident's &amp; Staff Please Dress Bright and Colorful</b></p> <p>10:30 Light &amp; Lively Exercise 12:00 Soup, Stew or Chili Potluck 2:30 Show and Share Day</p>	<p>24</p> <p>10:30 Exercise 1:00 Walmart Shopping 2:30 7-Up Card Game</p>	<p>25</p> <p>9:30 Catholic Communion 10:30 Sittercise Exercise 2:30 Golf Activity</p>	<p>26</p> <p>10:30 Light &amp; Lively Exercise 1:30 Rock Spring's Worship Center Interdenominational Music &amp; Devotion</p>
<p><b>Mozart's Birthday</b> 27</p> <p>9:30 Music &amp; The Spoken Word KSL TV in Bistro 10:15 Load Bus for Catholic Church 1:30 Bingo 3:30 Piano Music with the Boren's 6:00 LDS Sacrament Service <b>Happy Birthday Susan Chipman</b></p>	<p>28</p> <p>9:30 Sing Along 10:30 Light &amp; Lively Exercise 2:30 Biography of Mozart 6:00 Movie "Jeremiah Johnson"</p>	<p>29</p> <p>10:30 Seatworks Exercise 1:15 Player Piano Music 1:15 LDS Scripture Study 2:00 Shadow Drawings for Groundhog Day</p>	<p>30</p> <p>10:30 Light &amp; Lively Exercise 2:30 Shadow Drawings for Groundhog Day</p>	<p>31</p> <p>10:00 Mall Walking 1:00 Walmart Shopping 2:30 Movie "Harry and the Henderson's" 6:30 Live Country Music</p>		